

SAEMS PREHOSPITAL PROTOCOLS

TRANSCUTANEOUS PACING (TCP)

I. INTRODUCTION

- A. The authorization of transcutaneous pacing is at the sole discretion of the Medical Direction Authority and must be appropriately documented when used.

II. INDICATIONS

- A. Hemodynamically unstable bradydysrhythmias that are:
 - 1. Unresponsive to Atropine OR
 - 2. When IV/IO access may be delayed/unavailable OR
 - 3. Bradycardia in heart transplant patients.

III. CONTRAINDICATIONS

- A. Severe [Hypothermia](#)
- B. Asystole

IV. PROCEDURE

- A. Identify an indication for transcutaneous pacing.
- B. Place pacing electrodes on the chest according to package instructions.
- C. Turn the pacer ON.
- D. Set the rate to 60 beats per minute. (The rate can be adjusted “up” or “down” based on the patient’s clinical response after pacing is established).
- E. Obtain control of the heart by increasing the milliamps (mA) in small increments (5 – 10 mA) until electrical capture is achieved.
- F. Confirm mechanical capture by checking for pulses, changes in the QRS complex with a tall broad T wave that immediately follows a pacer spike and a rise in end tidal CO₂, if so equipped.
- G. Consider sedation/analgesia, unless the delay will contribute to patient deterioration.
 - Special Note:** most sedation/analgesia medications worsen hypotension.
- H. Monitor the patient’s rhythm
- I. Monitor patient.

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V. SPECIAL CONSIDERATIONS

- A. Pain Control: This procedure can be painful.
Consider:
 - 1. Midazolam or Diazepam for anxiety, sedation or muscle contractions.
 - 2. Morphine Sulfate or Fentanyl for pain/analgesia.
Follow: [Pain Management Standing Order](#)
- B. Failure to capture pacing
 - 1. Inappropriate electrode placement
 - 2. Insufficient milliamps
 - 3. Extremely large individuals
 - 4. Barrel chested individuals
 - 5. Pericardial effusion and tamponade

VI. COMPLICATIONS

- A. Failure to recognize the presence of underlying, treatable ventricular fibrillation (large pacer artifact)
- B. Pain
- C. Electrical Burns