

# Pediatric Cardiac Arrest Standing Order

## ALS/BLS

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C

Use standing order on **ALL** patients 7 years of age or younger who appear to be the victims of sudden cardiac arrest/death.

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Standing order should not be used on patients:

- Greater than 8 years of age. If age unknown: pt with physical signs of puberty.
- Meeting SAEMS [Dead on Scene SO](#) criteria
- Involved in a traumatic or submersion (near-drowning) event  
OR
- where evidence of primary respiratory arrest is present as in poisoning or asphyxia, follow AHA resuscitation guidelines.

**Most common cause of Peds CA is Hypoxic / Asphyxial Arrest. Look for potentially reversible causes**

Patient meets **ANY** exclusion criteria

Begin appropriate resuscitative efforts, Contact Medical Direction Authority or implement appropriate standing order.

Patient meets inclusion criteria and is pulseless

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Initiate PALS Cardiac Arrest Algorithm

- **C** - Start CPR – Compression rate 100/min+
- **A** - Establish airway with OPA/NPA
- **B** - Ventilate with BVM @ 100% high flow O<sub>2</sub> (15:2)

If adequate bystander compressions are being provided, apply pads *without interrupting compressions*, analyze rhythm.

- With **Severe Hypothermia** (below 86°F / 30°C) use caution, consider [Hypothermia Standing Order](#) or contact Medical Direction

### **VF/PULSELESS VT: or AED recommends shock**

(Perform treatments without interrupting compression cycles.)

1. Complete 2 min. uninterrupted CPR cycles analyzing rhythm between each compression cycle.
2. If no rhythm change, defibrillate between each compression cycle.
3. Establish IV/IO access,
4. Consider [Airway Management Procedure Protocol](#)

#### **ALS**

- Administer Epi 0.01mg/kg (1:10,000) IV/IO every 3-5 min. as early as possible.
- Administer Amiodarone or Lidocaine
  - Amiodarone IV/IO 5mg/kg (max single dose 300mg), may repeat once after 10 min. 5mg/kg up to total dose 15mg/kg in 24 hrs. or
  - Lidocaine 1mg/kg IV/IO
- Administer Magnesium 25 to 50mg/kg IV/IO (max 2 grams)
- Treat reversible causes: 6H's/ 5T's

### **PEA/ Asystole: or AED recommends NO shock**

(Perform treatments without interrupting compression cycles.)

1. Complete 2 min. uninterrupted CPR cycles analyzing rhythm between each compression cycle.
2. Establish IV/IO access,
3. Consider [Airway Management Procedure Protocol](#)

#### **ALS**

- Administer Epi 0.01mg/kg (1:10,000) every 3-5 min. as early as possible.
- Treat reversible causes: 6H's/ 5T's

Transport to closest appropriate facility or, if ROSC Pediatric Critical Care Facility. Consider Air Medical Transport for transports over 30 minutes.  
[Critical Pediatric Decision Scheme Protocol](#)



## **Critical Pediatric Triage Protocol** **(Age 14 and Under)**

- I. Patients with an unstable airway or in cardiac arrest should be transported to the closest emergency receiving facility.
- II. Patients with the following characteristics should be taken directly to a Pediatric Critical Care Facility (PCCF):
  - A. Altered level of consciousness
  - B. Respiratory distress
  - C. Shock or hemodynamic instability
- III. SPECIAL NOTES
  - A. Pediatric Critical Care Facility (PCCF) is defined as a facility with 24-hour, in-hospital pediatricians, pediatric intensivists and a pediatric ICU.  
In Tucson: TMC or Banner-UMC Tucson
  - B. In outlying areas with a transport time of greater than 30 minutes to a PCCF, transport the patient to the closest emergency receiving facility, or consider air transport directly to a PCCF.

Effective: 3/96

Revised: 9/99; 6/2004; 10/2007; 10-15-13; 06-16-15